



# The Great Resignation

## Save your employees from **burnout**

Panel session with Q&A



# Welcome

- > Ask questions throughout using the chat
- > Questions will be read out, so please say if you want anonymity
- > Session recording and slides sent to you after the event
- 💬 If you enjoy this free live session, please tell a colleague or friend about Champion Health



**Who is this  
session for?**



# Your host



Co-founder & CEO | Champion Health

## Harry Bliss

Northern Leadership Award's Young Leader of the Year, Harry founded Champion Health with the mission to make wellbeing inclusive, accessible and engaging.



Connect with Harry on LinkedIn

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HEALTH

# Your speakers



CEO | MHFA England

## Simon Blake

Simon is responsible for setting the organisation's new strategic vision: to train one in ten in mental health skills.



Senior Business Partner - Mental Health | Rolls-Royce

## Dr Stephanie Fitzgerald

Chartered clinical psychologist specialising in anxiety disorders and trauma, keynote speaker, and published author.



People & Culture Director | Grant Thornton UK LLP

## Jenn Barnett

Jenn leads inclusion, diversity and wellbeing at Grant Thornton UK LLP and is a fellow of the CIPD.



Equality, Diversity and Inclusion Specialist | MHFA England

## Chantal Senya

Chantal leads and supports MHFA's commitment to being an anti-racist social enterprise.

# Q&A

The Great Resignation and Employee Burnout





Making healthier easier,  
for everyone

CHAMPION  
HEALTH